FAITH ALIVE @ HOME!

A GUIDE TO FAMILY WORSHIP AND FAMILY FAITH FUN!

Created for you by the Catechetical Office of the Archdiocese of Newark

PALM SUNDAY / HOLY WEEK 2020

FAMILY WORSHIP
@ HOME
HOW TO CREATE SACRED SPACE AT HOME, FAMILY WORSHIP RESOURCES, PRAYING WITH THE BIBLE, AND MORE!

FAMILY FAITH
@ HOME
HOW TO BE YOUR CHILD’S PRIMARY TEACHER OF THE FAITH, FAMILY FAITH FORMATION RESOURCES, AND MORE!

A Message from Cardinal Tobin:
Spiritual Closeness in a Time of Social Distancing: Seven Suggestions
CREATING SACRED SPACE @ HOME

Home altars for a very long time have been considered common in Catholic households. This sacred area serves as a central place for prayer and practice of the faith in the home. We have designated places for nourishment, rest, work, exercise, and/or play at home – why not have a designated, sacred place to pray, both individually and together as a family?

Ready to create your sacred space? Click Here!

BREAKING OPEN THE WORD @ HOME

Ever ancient, ever new! The Bible is the inspired Word of God and our source for guidance, instruction, consolation, and encouragement. Knowledge and love of the scriptures are essential to the lives of all Christians. Here are some great resources to help you and your family get started:

- Using the Bible in Family Prayer
- The Bible App for Kids
- Using the Bible at Home
- Understanding the Bible
- Frequently Asked Questions about the Bible
- Reading the Bible Family Resources
- Gospel Weeklies Resources for Families
- Activities That Support Catholic Scripture Study in Families
- Lectio Divina for kids: Teach your kids to pray with Scripture

PALM SUNDAY AND HOLY WEEK @ HOME

Palm Sunday is the beginning of Holy Week. Here are some resources to help celebrate this special week at home.

- Palm Sunday Family Prayer Service
- Holy Week in Three Minutes
- Sunday Connection - Palm Sunday
- MagnifiKid - Palm Sunday
- Palm Sunday/Holy Week at Home
- Home Adoration
- Walking Through Holy Week as a Family Worshiping at Home - Holy Week
- Ultimate Guide to Holy Week with Kids!
- Holy Week at Home Retreat and Journal
- Stations of the Cross Video Meditation

WATCHING MASS AT HOME? HERE’S 4 AMAZING WAYS TO IMPROVE YOUR SPIRITUAL EXPERIENCE

Here are some helpful hints to make this experience fruitful for all:

- Set all distractions aside
- Set up a sacred space
- Participate in the Mass and make a Spiritual Communion
- Call on St. Clare of Assisi (the patron saint of technological developments in communications)

For more details, click here to read the full article.

To help build up your Domestic Church, click here for a great article.

“ALL FAMILIES NEED GOD. EVERY SINGLE ONE.
WE NEED HIS HELP, HIS STRENGTH, HIS BLESSING,
HIS MERCY AND HIS FORGIVENESS.” - POPE FRANCIS
LIVING FAITH @ HOME

As a parent, your role in the faith formation of your children is vital. No one can replace you, not even the best parish programs. Your parish community and the programs they offer exist to reinforce how you live faith at home. Recent studies show that if you are actively engaged with the practice of your faith, you greatly increase the probability that your children will be, too. Here are some resources to assist with effective faith formation at home:

Strange Fruit: COVID-19 May Help Parents Reclaim an Important Role
How to Encounter God as a Family as we Shelter-in-Place
Family Resource Center
Strong Catholic Family Faith
Growing Up Catholic - For Parents
7 Resources to Help Bring the Faith Home
Saints Peter and Paul Parish, Hoboken - Virtual Family Faith Page

PARENTING @ HOME DURING QUARANTINE

"These are unprecedented times — schedules are suddenly wide open and home, school, and work are jumbled up like never before. What an opportunity to learn, play, and grow with your children! They're watching you and need you now more than ever. This topsyturvy time can be a gift. Make the most of it by connecting with your kids in new, meaningful ways." - Parenting During the Coronavirus Crisis

Quarantine Blues: How Can Your Family Cope While You're All Cooped Up
6 Strategies for Parenting during the COVID-19 Crisis
Caring for your Family's Spiritual Needs during the COVID-19 Outbreak
Resources for Family Prayer and Engagement during Coronavirus
Mental Health and Coping During COVID-19
How to Master Working From Home—While Under Quarantine With Kids
Family Life in a Pandemic
Building Family Bonds during COVID-19

"There are no perfect parents, and there are no perfect children, but there are plenty of perfect moments along the way."
- Dave Willis