Perinatal Loss Resource List

Local Grief Support Groups (Not Faith Based)
- Pockets of Light – Montclair, NJ (973) 619-4277 www.pocketsoflight.org
- St. Joseph’s Regional Medical Center – Paterson, NJ (973) 754-3828
- Valley Health System – Healing Hearts Support Group - Ridgewood, NJ (201) 291-6249
- Overlook Medical Center – Summit, NJ (908) 522-2946
- St. Barnabas Perinatal Loss Group – Livingston, NJ (973) 322-5745
- Pregnancy & Newborn Loss Support Group - UMC Hackensack, NJ (201) 996-5131
- Perinatal Bereavement Support Group – Englewood Hospital (201) 608-2333
- The Hudson Shea Foundation – Mahwah & Whippany, NJ (201) 803-1203 (Men)
- Holy Name Medical Center, Teaneck, NJ (201) 833-3058
- Compassionate Friends (Bergen/Passaic) (201) 567-0089
- Star Legacy Peer Phone Companions - Christine Chang (952) 715-7731

Catholic & Christian Online Resources
- All Embrace www.allembrace.com
- Catholic Miscarriage Support www.catholicmiscarriage.org
- Elizabeth Ministry www.elizabethministry.com
- The Apostolate of Hannah’s Tears www.hannahstears.net
- Sufficient Grace Ministries www.sufficientgraceministries.org
- Babies Remembered www.wintergreenpress.org

Other Resources
- Walk in Sunshine Charity (NJ Resources) www.walkinsunshinecharity.org
- Star Legacy Foundation www.starlegacyfoundation.org
- Share Pregnancy & Infant Loss www.nationalshare.org
- Hope After Loss www.hopeafterloss.org
- Partnership for Maternal & Child Health www.partnershipmch.org

Blogs/Online Groups
- Lost Innocent https://lostinnocentsblog.wordpress.com/
- Mommy To A Little Saint-Catholic Loss Group Facebook Group

Books
- Of Womb and Tomb: Prayer in Time of Infertility, Miscarriage, and Stillbirth edited by Kate Williams
- Sufficient Grace by Kelly Gerken
- I Never Held You: Miscarriage, Grief, Healing and Recovery by Ellen M. DuBois
- Empty Arms: Coping With Miscarriage, Stillbirth and Infant Death by Sherokee Ilse
- A Silent Sorrow: Pregnancy Loss - Guidance and Support for You and Your Family by Ingrid Kohn
- Mourning a Miscarriage – Prayers for a Couple Grieving the Death of Their Unborn Child by The Elizabeth Ministry
- The Original” Mothers Manual by S.J. A. Francis Coomes