What significance does the Eucharist have for the life of Catholics?

“Eucharist is reserved in churches or oratories to serve as the spiritual center of a religious community or parish community, indeed of the whole Church and the whole of mankind, since it contains, beneath the veil of the species, Christ the invisible Head of the Church, the Redeemer of the world, the center of all hearts, ‘by whom all things are and by whom we exist.’

“He is in the midst of us day and night; He dwells in us with the fullness of grace and of truth. He raises the level of morals, fosters virtue, comforts the sorrowful, strengthens the weak and stirs up all those who draw near to Him to imitate Him, so that they may learn from his example to be meek and humble of heart, and to seek not their own interests but those of God.”

### Cranford
- **St. Michael Parish**
  - Phone: 908-276-0360
  - First Friday: 12:30 p.m. to 1:00 p.m.

### Elizabeth
- **Immaculate Conception Parish**
  - Phone: 908-352-6662
  - Monday - Saturday: 10:00 a.m. to 6:00 p.m.
  - **St. Anthony of Padua Parish**
    - Phone: 908-351-3300
    - Every Thursday: 7:00 p.m. to 8:00 p.m.
  - **Blessed Sacrament Parish**
    - Phone: 908-352-0338
    - First Friday: 8:30 a.m. to 7:30 p.m.
  - **Our Lady of Fatima Parish**
    - Phone: 908-355-3810
    - Fourth Sunday: 5:00 p.m. to 7:00 p.m.
  - **St. Adalbert Parish**
    - Phone: 908-352-2791
    - First Friday: 8:00 p.m. to 9:00 p.m.
  - **St. Hedwig Parish**
    - Phone: 908-352-1448
    - First Friday: 6:00 p.m. to 7:00 p.m.
  - **St. Mary of Assumption Parish**
    - Phone: 908-352-5154
    - Every Day: 8:00 a.m. to 10:00 p.m.

### Garwood
- **Church of St. Anne Parish**
  - Phone: 908-789-0280
  - Monday - Friday: 9:00 a.m. to 5:00 p.m.

### Hillside
- **St. Catherine of Sienna Parish**
  - Phone: 908-351-1515
  - Saturday: 9:00 a.m. to 12:00 p.m.

### Kenilworth
- **St. Theresa Parish**
  - Phone: 908-272-4444
  - First Sunday: 3:00 p.m. to 5:00 p.m.

### Linden
- **Holy Family Parish**
  - Phone: 908-862-1060
  - During the last week of Lent.
- **St. Elizabeth of Hungary Parish**
  - Phone: 908-486-2514
  - Monday - Friday: 7:30 a.m. to 1:00 p.m.
  - Saturday: 11:30 a.m. to 5:00 p.m.
  - Sunday: 7:30 a.m. to 1:00 p.m.
- **St. John the Apostle Parish**
  - Phone: 908-486-6363
  - **Perpetual Adoration (24 hours a day/7 days a week)**
- **St. Theresa of the Child Jesus Parish**
  - Phone: 908-862-1116
  - Every Thursday: 8:00 a.m. to 6:00 p.m.

### Mountainside
- **Our Lady of Lourdes Parish**
  - Phone: 908-232-1162
  - **Perpetual Adoration (24 hours a day/7 days a week)**

### New Providence
- **Our Lady of Peace Parish**
  - Phone: 908-464-7600
  - First Friday: 12:00 p.m. to 12:00 a.m.

### Plainfield
- **St. Bernard/St. Stanislaus Parish**
  - Phone: 908-756-3393
  - First Thursday: 9:00 a.m. to 12:30 p.m.

### Rahway
- **St. Mary Parish**
  - Phone: 732-388-0082
  - First Friday: 12:00 p.m. to 7:00 p.m.

### Scotch Plains
- **Immaculate Heart of Mary Parish**
  - Phone: 908-889-2100
  - Monday - Friday: 9:00 a.m. to 11:00 p.m.
  - Saturday: 9:00 a.m. to 5:00 p.m.
- **St. Bartholomew Parish**
  - Phone: 908-322-5192
  - Monday - Friday: 9:00 a.m. to 11:00 p.m.
  - Saturday: 9:00 a.m. to 5:00 p.m.

### Summit
- **St. Teresa of Avila Parish**
  - Phone: 908-277-3700
  - Every Wednesday: 7:30 p.m. to 8:30 p.m.

### Union
- **Holy Spirit Parish**
  - Phone: 908-687-3327
  - Every Wednesday: 12:00 p.m. to 1:00 p.m.

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Free Brochure Download
www.rcan.org/evangelization/rejoice.htm

Times are subject to change. Please contact the parish to confirm schedule.